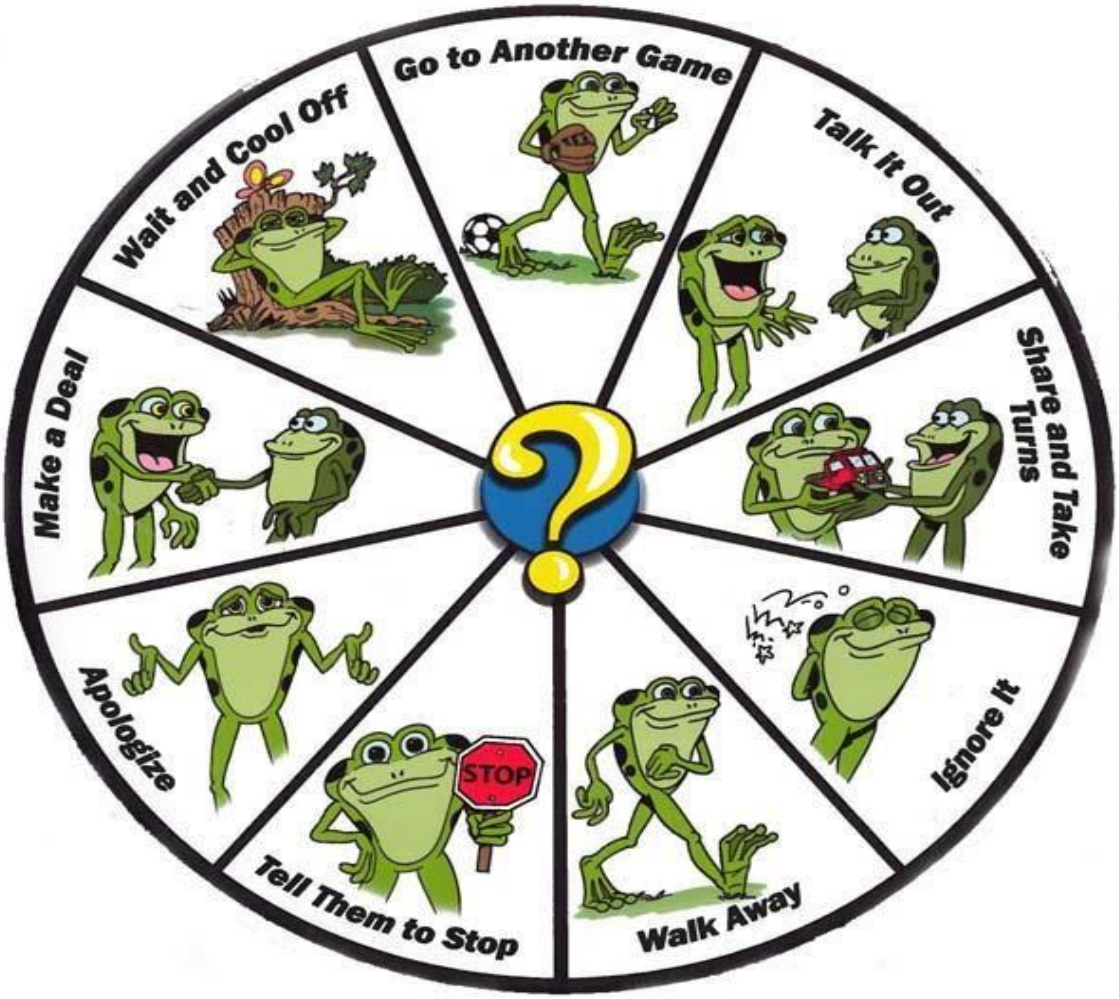
KELSO'S CHOICES

During classroom guidance lessons, we practice a conflict management program called "Kelso's Choices". Students learn that they are smart enough and strong enough to solve SMALL problems on their own by using choices from Kelso's Wheel. After they try two choices from the wheel and can not solve the problem, students are advised to go to an adult for help.
If the problem is a BIG problem - when there are safety issues or serious concerns - students are told to go to an adult for help right away. These skills can be used at school and at home!
For more information: https://www.youtube.com/watch?v=yBRWZef6oks
https://www.youtube.com/watch?v=B8QNgwTEk70
https://kelsoschoice.com/free-resources/for-parents/